

ON MONDAY

Vegetarian food

Mixed salad

• Cucumber, Tomato, Onion Ring

Red Oak, Lettuce, Carrot

• Greek salad

• Dressing: Thousand Island

Italian Vinaigrette or French dressing

Indian food

- Chana masala
- Fried vegetables with butter
- Potatoes cream sauce

Hot dishes

- Steam rice
- Fried yellow noodle with vegetables
- Fried vegetable

Fresh seasonal fruit

- Watermelon, Pineapple
- Papaya or other seasonal fruit

Plain yogurt

Choice of Cereals

• Cornflakes, Coco crunch or Muesli

Cool drink corner

• Cool water, Fruit juice Orange, Pineapple or Fresh milk

Hot drink corner

• Filter coffee or tea and hot milk

NON Vegetarian food

Hot dishes

- Stir fried chicken with cashew nuts
- Chicken sausages
- Chicken Ham

Bakery

- White bread, Brown bread,
- Denies pasty and Croissants
- Butter cubes
- Strawberry jam or Custard cream
- Honey

Egg Station:

- Fried eggs
- Scrambled
- omelet
- boiled egg
- Poached egg

Soup of the day

• Boiled rice with chicken

- Cheese
- Pancake
- Fresh Naan
- French toasts



ON TUESDAY

Vegetarian food

Mixed salad

• Cucumber, Tomato, Onion Ring

Red Oak, Lettuce, Carrot

- Potato salad
- Dressing: Thousand Island

Italian Vinaigrette or French dressing

Indian food

- Aloo Gobi
- Baked bean
- Matched potatoes

Hot dishes

- Steam rice
- Fried yellow noodle with vegetables
- Fried rice with vegetable

Fresh seasonal fruit

- Watermelon, Pineapple
- Papaya or other seasonal fruit

Plain yogurt

Choice of Cereals

• Cornflakes, Coco crunch or Muesli

Cool drink corner

• Cool water, Fruit juice Orange, Guava or Fresh milk

Hot drink corner

• Filter coffee or tea and hot milk

NON Vegetarian food

Hot dishes

- Masaman curry with chicken
- Chicken sausages
- Chicken Ham

Bakery

- White bread, Brown bread,
- Denies pasty and Croissants
- Butter cubes
- Marmalade jam or Pendant cream
- Honey

Egg Station:

- Fried eggs
- Scrambled
- omelet
- boiled egg
- Poached egg

Soup of the day

• Boiled rice with chicken

- Cheese
- Pancake
- Fresh Naan
- French toasts



ON WEDNSDAY

Vegetarian food

Mixed salad

• Cucumber, Tomato, Onion Ring

Red Oak, Lettuce, Carrot

- Tomato salad
- Dressing: Thousand Island

Italian Vinaigrette or French dressing

Indian food

- Dal Tadka
- Chana Masala
- Fried Potatoes

Hot dishes

- Steam rice
- Fried yellow noodle with vegetables
- Fried vegetable

Fresh seasonal fruit

- Watermelon, Pineapple
- Papaya or other seasonal fruit

Plain yogurt

Choice of Cereals

• Cornflakes, Coco crunch or Muesli

Cool drink corner

• Cool water, Fruit juice Orange, Pineapple or Fresh milk

Hot drink corner

• Filter coffee or tea and hot milk

NON Vegetarian food

Hot dishes

- Stir fried chicken sweet and sour sauce
- Chicken sausages
- Chicken Ham

Bakery

- White bread, Brown bread,
- Denies pasty and Croissants
- Butter cubes
- Strawberry jam or Custard cream
- Honey

Egg Station:

- Fried eggs
- Scrambled
- omelet
- boiled egg
- Poached egg

Soup of the day

• Boiled rice with chicken

- Cheese
- Pancake
- Fresh Naan
- French toasts



ON THURSDAY

Vegetarian food

Mixed salad

• Cucumber, Tomato, Onion Ring

Red Oak, Lettuce, Carrot

- Mixed salad
- Dressing: Thousand Island

Italian Vinaigrette or French dressing

Indian food

- Aloo Gobi
- Fried Mixed vegetables
- sautéed Potatoes

Hot dishes

- American rice
- Phad thai with vegetables
- Fried vegetable

Fresh seasonal fruit

- Watermelon, Pineapple
- Papaya or other seasonal fruit

Plain yogurt

Choice of Cereals

• Cornflakes, Coco crunch or Muesli

Cool drink corner

• Cool water, Fruit juice Orange, Guava or Fresh milk

Hot drink corner

• Filter coffee or tea and hot milk

NON Vegetarian food

Hot dishes

- Panang curry with chicken
- Chicken sausages
- Chicken Ham

Bakery

- White bread, Brown bread,
- Denies pasty and Croissants
- Butter cubes
- Marmalade jam or Pendant cream
- Honey

Egg Station:

- Fried eggs
- Scrambled
- omelet
- boiled egg
- Poached egg

Soup of the day

• Boiled rice with fish

- Cheese
- Pancake
- Fresh Naan
- French toasts



ON FRIDAY

Vegetarian food

Mixed salad

• Cucumber, Tomato, Onion Ring

Red Oak, Lettuce, Carrot

- Greek salad
- Dressing: Thousand Island

Italian Vinaigrette or French dressing

Indian food

- Chana masala
- vegetables with Curry Indian style
- Matched Potatoes

Hot dishes

- Steam rice
- Fried yellow noodle with vegetables
- Fried vegetable

Fresh seasonal fruit

- Watermelon, Pineapple
- Papaya or other seasonal fruit

Strawberry yogurt

Choice of Cereals

• Cornflakes, Coco crunch or Muesli

Cool drink corner

• Cool water, Fruit juice Orange, Pineapple or Fresh milk

Hot drink corner

• Filter coffee or tea and hot milk

NON Vegetarian food

Hot dishes

- Stir fried chicken with basil leaves
- Chicken sausages
- Chicken Ham

Bakery

- White bread, Brown bread,
- Denies pasty and Croissants
- Butter cubes
- Strawberry jam or Custard cream
- Honey

Egg Station:

- Fried eggs
- Scrambled
- omelet
- boiled egg
- Poached egg

Soup of the day

Minestrone soup

- Cheese
- Pancake
- Fresh Naan
- French toasts



ON SATURDAY

Vegetarian food

Mixed salad

• Cucumber, Tomato, Onion Ring

Red Oak, Lettuce, Carrot

- Clown slaw
- Dressing: Thousand Island

Italian Vinaigrette or French dressing

Indian food

- Dal Tadka
- Latatui
- Fried Potatoes

Hot dishes

- Baked rice in pineapple
- Fried yellow noodle with vegetables

Fresh seasonal fruit

- Watermelon, Pineapple
- Papaya or other seasonal fruit

Plain yogurt

Choice of Cereals

• Cornflakes, Coco crunch or Muesli

Cool drink corner

• Cool water, Fruit juice Orange, Guava or Fresh milk

Hot drink corner

• Filter coffee or tea and hot milk

NON Vegetarian food

Hot dishes

- Chicken curry with potato
- Chicken sausages
- Chicken Ham

Bakery

- White bread, Brown bread,
- Denies pasty and Croissants
- Butter cubes
- Marmalade jam or Pendant cream
- Honey

Egg Station:

- Fried eggs
- Scrambled
- omelet
- boiled egg
- Poached egg

Soup of the day

Vegetable clear soup

- Cheese
- Pancake
- Fresh Naan
- French toasts



ON SUNDAY

Vegetarian food

Mixed salad

• Cucumber, Tomato, Onion Ring

Red Oak, Lettuce, Carrot

• Dressing: Thousand Island

Italian Vinaigrette or French dressing

Indian food

- Aloo Gobi
- Chana Masalar
- Sautéed Potatoes

Hot dishes

- Steam rice
- Fried Angle hair noodle with vegetables
- Fried potatoes

Fresh seasonal fruit

- Watermelon, Pineapple
- Papaya or other seasonal fruit

Mixed fruit yogurt

Choice of Cereals

• Cornflakes, Coco crunch or Muesli

Cool drink corner

- Cool water
- Fruit juice Orange
- Pineapple or Fresh milk

Hot drink corner

• Filter coffee or tea and hot milk

NON Vegetarian food

Hot dishes

- Chicken Curry Indian style
- Chicken sausages -Chicken Ham
- Chicken Ham
- Egg salad

Bakery

- White bread, Brown bread,
- Denies pasty and Croissants
- Butter cubes
- Strawberry jam or Custard cream
- Honey

Egg Station:

- Fried eggs
- Scrambled
- Omelet
- Boiled egg
- Poached egg

Soup of the day

• Mushroom cream soup

- Cheese
- Pancake
- Fresh Naan
- French toasts

